

When to Keep Your Child Home from School

If your child is not feeling well, your physician is the best person to consult about whether she can go to school. Common sense, concern for your child's well-being, and the possibility of infecting classmates should all contribute to the decision about whether your child should stay home.

As general guidelines, keep her home if:

- 1. she has a fever
- 2. she is not well enough to participate in class
- 3. you think she may be contagious to other children

If your child has been ill but is feeling better, yet has still awakened with a minor problem, such as a runny nose or slight headache, you can send her to school if none of the three circumstances listed above is present. Even so, make sure the school and your child have a phone number where you can be reached during the day if more serious symptoms develop and she needs to return home.



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Source Caring for Your School-Age Child: Ages 5 to 12 (Copyright © 2004 American Academy of Pediatrics)

The information contained on this Web site should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.